Hi All!!

I hope you enjoy the March 2015 edition of The Clovertimes. Miami-Dade County 4-H has many upcoming events and activities and we hope you’re getting excited about all the opportunities. If we can be of any assistance to you, please don’t hesitate to contact our office!

Yours in 4-H,
Cassandra Weston-Hainsworth
Miami-Dade County
4-H Health Fair

Where: Amelia Earhart Park
401 E 65th St | Hialeah, FL 33013

When: April 4th, 2015
Event starts: 10am until 3pm

What: Come join us for exciting events/activities about healthy lifestyles. Participate in everything from obstacle courses, winning awesome prizes, and making a delicious smoothie using the “Eat4-Health” blender bike.

Please contact the UF/IFAS 4-H Extension office with any questions.
Miami-Dade County 4-H Office: 305-769-4050
State 4-H Office: 352-294-2919

#EAT4HEALTH
You are invited to participate in Miami-Dade County 4-H’s 2015 County Events!

Saturday, April 11, 2015
Location: Miami-Dade County Fair & Exposition; Blue Ribbon Room

8:30-9:00a.m.  Registration
9:00a.m.  Demonstrations/Illustrated Talks/Public Speaking
1:00p.m.  Lunch
1:30p.m.  Share-The-Fun

Demonstrations and Illustrated Talks
Public Speaking
Share-the-Fun

Registration forms and competition guidelines can be found online at:
http://miami-dade.ifas.ufl.edu/4h/miamidadecountyevents.shtml

Registration Deadline: Wednesday, April 8, 2015

*All Blue Ribbon Winners will qualify for District Events which will be held on May 2, 2015 at the Palm Beach Cooperative Extension Office
Miami-Dade County 4-H recently conducted Howdy Days at the Fair for 160 youth and adults. Participants had the opportunity to experience CowTown, which boasted exhibits related to milking a cow, milling corn, and making ice cream. Gentzel Bee’s gave a presentation on the importance of bees and the USDA had displays on good and bad bugs. Youth also had the chance to learn from Farm Bureau about the different products that are made from cows. Family and Consumer Science’s agent, Jacquelyn Gibson taught groups about proper hand-washing and Barbara McAdams, Florida Yards and Neighborhoods’ Program Assistant, instructed youth on water conservation. Participants were given a lesson on seeds and were able to make a seed necklace that would enable them to see the seed germination process. 4-H youth and adult volunteers assisted with all the stations.
If you are interested in your 4-Hers learning the wonderful skills and life lessons of archery please reply to Jeramy Smith at antwan2014@ufl.edu with their names and contact information.

Miami-Dade County 4-H Archery Program

Do you want to learn more about healthy lifestyles? Do you like to teach others about proper health?? Consider becoming a teen health ambassador. Email Cassandra Weston-Hainsworth at crweston@ufl.edu with your name and contact information.

Miami-Dade County 4-H Teen health ambassadors

Fair check-out is Thursday, April 9, 2015, from 4:00 p.m. to 8:00 p.m. at the Miami-Dade County Youth Fair. 4-H or the Fair is not responsible for any exhibits that are not picked up on time.

Miami-dade county Fair Check-Out
Miami-Dade County Agriculture and Cattle Show

The Miami-Dade County Ag and Cattle Show will be held April 10-12, 2015, at Tropical Park. Volunteers are needed on Saturday, April 11th and Sunday, April 12th from 9:30 a.m. to 4:30 p.m. If interested, please email name, date, & time to miami4hdade@gmail.com. Volunteer names are needed by Friday, April 3rd.

Amelia Earhart Park Club Meeting

Our next Amelia Earhart Park Club meeting will be held Wednesday, April 15, 2015, from 4-6 p.m. Youth and adults will learn more about pollinators and have the opportunity to participate in milkweed and flower removal activity. Please come dressed comfortably with closed toed shoes. This club is open to all youth ages 5-18. Please email the 4-H office at miami4hdade@gmail.com if you are planning to attend.

Vamos a Pescar Miami

On April 18th, the Florida Fish and Wildlife Conservation Commission (FWC) and Miami-Dade Parks, Recreation, and Open Spaces Department will be hosting an event to engage the public and develop environmental stewards at the upcoming Vamos A Pescar Miami day at Tropical Park and Fish Management Area. Activities will run from 9:00 a.m. to 2:00 p.m. and they are expecting 3,000 to 5,000 people in attendance. Miami-Dade County 4-H will have a booth and volunteers are needed to help teach youth and adults about marine science. Please email Cassandra Weston-Hainsworth at crweston@ufl.edu if you are interested in coming out to the event.
3rd Executive Board

Want to learn more about leadership opportunities at the state level? 3rd Executive Board will be held April 17-19, 2015 at Camp Ocala and is open to all 4-H members ages 13 to 18. Participants will get to learn about how to become an Executive Board member, sit in on committee meetings and attend fun and educational workshops in the afternoon. Registration is now open and will close on April 12, 2015. Participants must register via 4-Honline. The cost is $99 for Executive Board members and $110 for Non-Executive Board members. For more information, click HERE.

4-H State Legislature

4-H State Legislature will be held June 15-19, 2015, in Tallahassee, FL. Registration has opened and will close May 1, 2015. Registration must be done via 4-Honline. The cost for this trip is $230. All participants must submit a $30 non-refundable deposit to the 4-H office upon registration and the final payment of $200 will be due to the 4-H office by June 1st, 2015. Transportation will be provided by Miami-Dade County 4-H. For more information about this event, please check out the following webpage: http://florida4h.org/programsandevents_/leg/.

4-H University

4-H University will be held July 27-31, 2015 at the University of Florida in Gainesville. Early Bird Registration ($230) will be open from April 1-30, 2015. Regular registration ($250) will be open from May 1-31, 2015. To learn more about this event and to get specifics on policies and procedures, please visit the following webpage: http://florida4h.org/programsandevents_/4hu/.
Community service hours

All 4-H members should record their completed community service hours with the Miami-Dade County 4-H Office. Please log your hours on the website: http://miami-dade.ifas.ufl.edu/4h/CommunityServiceForm.shtml.

Club activity report

Club leaders: Please submit your club activity report for each month using the following link: http://miami-dade.ifas.ufl.edu/4h/ClubActivityReport.shtml. This report details your monthly club meetings and events. We will use these reports to include clubs in our monthly newsletter club spotlight.

I pledge...

my head to clearer thinking, my heart to greater loyalty, my hands to larger service, and my health to better living for my club, my community, my country, and my world.

I love 4H